

Our School PE Curriculum



Following a recent pupil survey (July 2017), 85% of children across the whole school enjoy PE. We offer a range of PE lessons covering Games, Athletics, Gymnastics, Dance, Personal Fitness and Outdoor and Adventurous Activities (OAA).

During our games teaching, we are employing two approaches to teaching our lessons. Teaching Games for Understanding (TGfU) is an approach that is currently being encouraged as a fantastic way to teach PE. It involves the children playing more games, meaning that they have more experience of game play situations and therefore have an improved tactical awareness. This fits perfectly with the 2014 National Curriculum, which states: 'pupils should play competitive games, modified where appropriate'. We are also using the Sport Education Model which uses PE as a way to teach valuable life skills like communication, team work, resilience and sportsmanship.



We offer Swimming lessons to Year 4, 5 and 6 children. They learn a range of skills including stroke technique, water confidence, submerging, personal survival and competition skills. Some classes also do Aqua Zumba sessions which are thoroughly enjoyed!